

Knowing Me, Knowing You

Bullying & Respecting Difference

Ages 8-12 (School Years 4-8)

Key Stages 2 and 3



An inspirational project that combats bullying by promoting respect and understanding, whilst encouraging young people to celebrate the differences between us.

"Well done Chain Reaction for making Newham a better place by stopping bullying!"
Pupil, William Davis Primary School, London Borough of Newham

THE PROJECT

50% of young people have been bullied within the past year (*Ditch the Label*). Bullying doesn't only destroy a child's happiness, but also seriously damages their capacity for learning and enjoying school. *Knowing Me, Knowing You* tackles this issue with the ultimate aim of reducing incidences of bullying within school. To date *Knowing Me, Knowing You* has been performed to over 22,000 young people.

From an empathetic stance, *Knowing Me, Knowing You* uses drama and song to explore the dilemmas faced by a pupil who does not fit in with the crowd and is excluded for being different. The show examines how victims of bullying may feel and the reasons why people might bully others. The project also explores the vital importance of support in these situations, encouraging children that are being bullied to speak to someone and demonstrates how the strength of the group can overcome the power of the bully.

The underlying message is acceptance, teaching young people that our differences aren't a reason to bully but an opportunity to learn more and create new friendships.

"High level of acting, very clear messages about bullying, entertaining whilst very informative, very educational. Thank you for an excellent performance which the children and adults thoroughly enjoyed. Look forward to seeing you again."
Headteacher, Dunningford Primary School, London Borough of Havering

THE SHOW

In true Chain Reaction style, drama, song and parody are used to explore the dilemma faced by a young girl called Nicky who finds herself being picked on by school bully Sarah Spiteful and her sheep-like gang. The rise and inevitable fall of Ms. Spiteful teaches us that life's winners are those who accept people for who they are and that the bully never comes out on top.

Knowing Me, Knowing You looks at the reasons why children feel the need to bully and the consequences, both for the victim and the bully themselves. The project champions the need to accept each other and embrace our differences, be they related to race, colour, religion, size or sexuality. Tackling different forms of bullying and addressing the increasingly problematic issue of Cyber-bullying, *Knowing Me, Knowing You* is the perfect way to open the discussion about bullying in a fun and memorable way.

"Your performances are exceptional – professional, friendly and thought provoking"
Teacher, Brampton Manor Academy Secondary School, London Borough of Newham

"To make the world a better place, we can all respect each other and link together, no matter what we like, how we dress or what we believe in or anything else."
Pupil, Beam Primary School, London Borough of Barking & Dagenham

KNOWING ME, KNOWING YOU TEACHES CHILDREN...

- How it feels to be bullied and the effect of bullying on other people's lives
- About the various types of bullying (physical, verbal, emotional, cyber)
- How religious differences should not be seen as a reason to segregate people
- That Britain consists of a hugely diverse and culturally rich society which should be celebrated
- Some of the reasons why people might bully and how a bully might feel
- The importance of telling someone you trust if you are being bullied
- How to support other people that are being bullied
- That there are many people they can talk to about bullying (i.e. parents, teachers, siblings, friends, confidential advice lines such as ChildLine)
- The need to accept everyone for who they are if we are to progress in life
- That they have the power to make the world a happier place

"I learnt that if you bully somebody physically, the wounds can heal
but if you bully with speech it can have an effect forever."

Pupil, St. Joseph's RC Junior School, London Borough of Waltham Forest

A FEW FAQS...!

How long is the show? 45 minutes (35 minute show and 10 minute post-show hot-seating session)

Who's it for? Ages 8 to 12 / Years 4, 5, 6, 7 and 8

What school work does it link to?

- PSHE (Personal, Social & Health Education)
- The Prevent Duty
- SMSC (Spiritual, Moral, Social, Cultural)
- Values Based Education
- Citizenship Curriculum

Are there any accompanying resources?

Yes – you'll get a free hard and digital copy of the *Knowing Me Knowing You* Teachers' Resource Pack including further information, ideas for lesson plans and more.

You can also book an optional one-hour interactive drama workshop for up to 60 pupils. Just get in touch for costs and to find out more!

"Most convincing of productions I have seen."

Teacher, William Bellamy Junior School, London Borough of Barking & Dagenham

For more information on this show or any of our other work, please feel free to get in touch and we'll be happy to help!

Chain Reaction

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We look forward to hearing from you!